




DEMENTIA FRIENDLY/AGE FRIENDLY COMMUNITY CAFES – FLINTSHIRE

Calendar November 2021-September 2022

A SOCIAL GATHERING WHERE PEOPLE WITH MEMORY LOSS AND THEIR CARERS, OR ANYONE WHO WOULD LIKE TO CONNECT WITH NEW FRIENDS, CAN COME TOGETHER IN A SAFE SUPPORTIVE ENVIRONMENT. GUESTS CAN SHARE CONVERSATION OVER A CUP OF TEA IN A RELAXED ATMOSPHERE THAT SOMETIMES INCLUDES MUSIC, ART OR OTHER FORMS OF ENTERTAINMENT.



Dementia Friendly / Age Friendly Community Café Contacts

Mold: Singing for the Brain.

Venue: Mold Library, Earl Rd, Mold CH7 1AP.

Contact: Heather on 01244 735201.

Flint: Monday Mix.

Venue: St. Mary's Catholic Church Hall, 17 Coleshill Street, Flint, CH6 5BQ.

Contact: Rose Marie on 01352 349130/Rosecastle50@sky.com.

Saltney: Musical Memories.

Venue: Douglas Place, Community Centre, Saltney, CH4 8PB.

Contact: Ray - 07812500202, or Veronica on 07790751690.

Sealand: Fig Tree Café.

Venue: St. Bartholomew's Church, old Sealand Road, Sealand, CH5 2LQ.

Contact: Hayley 07597654774 – or Christine on 07510829041.

Holywell: Boot & Ship, Bagillt.

Venue: Boot & Ship Pub, High Street, Bagillt, CH6 6HE.

Contact: Sue on 07757411044. **(also contact Sue for details about Mill on the Hill venue as this is TBC).**

Leeswood & Pontblyddyn: Sunshine Community Café.

Venue: Leeswood Community centre, Kings St, Leeswood CH7 4SB.

Contact: Graham on gjsher@live.com or just turn up!

Penyffordd Memory Café.

Venue: The Red Lion Pub, Rhos Road, Penyffordd, CH4 0JR.

Contact Judy on 07983628091. (Hoping to start up again in Nov '21 so please phone to confirm).

Mold: Memory Arts Café (organised by Theatr Clwyd)

Venue: Daniel Owen Centre, Mold, CH7 1AP.

Contact: Hester on 07824446367. (Hoping to open in Nov '21 so please phone to confirm).

**** Please telephone contacts to ensure groups are running. All groups subject to change. All details correct as of October 2021.****

November 2021

Wk	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
44	1	2	3	4	5	6	7
				Sunshine Community Café, 9:00am-12:00pm, Leeswood.			
45	8	9	10	11	12	13	14
	Holywell Memory Café 1:00pm-3:00pm, Mill on the Hill, Greenfield (Please call Sue for up to date information as this group is not yet confirmed)			Sunshine Community Café 9:00am-12:00pm, Leeswood.			
46	15	16	17	18	19	20	21
				Sunshine Community Café 9:00am-12:00pm, Leeswood. Singing for the Brain 10:30am-12pm, Mold Library.			
47	22	23	24	25	26	27	28
		Musical Memories 2:00pm-4:00pm, Douglas Place, Saltney	Memory Arts Café 1:30pm - 3pm Mold	Sunshine Community Café 9:00am-12:00pm, Leeswood. Penyffordd Memory Cafe, (time tbc)	Fig Tree Café 1:00pm-3:00pm, St. Bartholomew's Church. Holywell Memory Café 1:00pm-3:00pm, Boot & Ship, Bagillt.		
48	29	30	1	2	3	4	5

December 2021 (All December groups TBC - Phone contacts for details)

Wk	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
48	29	30	1	2	3	4	5
				Sunshine Community Café 9:00am-12:00pm, Leeswood.			
49	6	7	8	9	10	11	12
	Monday Mix 1:30pm-3:00pm, St Mary's Catholic Church Hall, Flint.			Sunshine Community Café 9:00am-12:00pm, Leeswood.			
50	13	14	15	16	17	18	19
	Holywell Memory Café 1:00pm-3:00pm, Mill on the Hill, Greenfield (Please call Sue for up to date information as this group is not yet confirmed)		Memory Arts Café 1:30pm - 3pm Mold	Sunshine Community Café 9:00am-12:00pm, Leeswood. Singing for the Brain 10:30am-12pm, Mold Library.			
51	20	21	22	23	24	25	26
				Sunshine Community Café 9:00am-12:00pm, Leeswood.		Christmas Day	Boxing Day
52	27	28	29	30	31	1	2
				Sunshine Community Café 9:00am-12:00pm, Leeswood. Penyffordd Memory Cafe, (time tbc).		New Year's Day	

January 2022

(Please confirm with Lead if sessions are going ahead)

Wk	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
1	3	4	5	6	7	8	9
	Monday Mix 1:30pm-3:00pm, St Mary's Catholic Church Hall, Flint.			Sunshine Community Café 9:00am-12:00pm, Leeswood.			
2	10	11	12	13	14	15	16
	Holywell Memory Café 1:00pm-3:00pm, Mill on the Hill, Greenfield (Please call Sue for up to date information)	Musical Memories 2:00pm-4:00pm, Douglas Place, Saltney (Please phone to check this is running).		Sunshine Community Café 9:00am-12:00pm, Leeswood.			
3	17	18	19	20	21	22	23
				Sunshine Community Café 9:00am-12:00pm, Leeswood. Singing for the Brain 10:30am-12pm, Mold.			
4	24	25	26	27	28	29	30
				Sunshine Community Café 9:00am-12:00pm, Leeswood. Penyffordd Memory Cafe, (time tbc).	Fig Tree Café 1:00pm-3:00pm, St. Bartholomew's Church, Sealand. Holywell Memory Café 1:00pm-3:00pm, Boot & Ship, Bagillt.		
5	31	1	2	3	4	5	6

February 2022

Wk	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5	31	1	2	3	4	5	6
				Sunshine Community Café 9:00am-12:00pm, Leeswood.			
6	7	8	9	10	11	12	13
	Monday Mix 1:30pm-3:00pm, St Mary's Catholic Church Hall, Flint.	Musical Memories 2:00pm-4:00pm, Douglas Place, Saltney (Please phone to check this is running)		Sunshine Community Café 9:00am-12:00pm, Leeswood.			
7	14	15	16	17	18	19	20
	Holywell Memory Café 1:00pm-3:00pm, Mill on the Hill, Greenfield (Please call Sue for up to date information)			Sunshine Community Café 9:00am-12:00pm, Leeswood. Singing for the Brain 10:30am-12pm, Mold			
8	21	22	23	24	25	26	27
				Sunshine Community Café 9:00am-12:00pm, Leeswood. Penyffordd Memory Cafe, (time tbc).	Fig Tree Café 1:00pm-3:00pm, St. Bartholomew's Church, Sealand. Holywell Memory Café 1:00pm-3:00pm, Boot & Ship, Bagillt.		
9	28	1	2	3	4	5	6

March 2022

Wk	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
9	28	1	2	3	4	5	6
				Sunshine Community Café 9:00am-12:00pm, Leeswood.			
10	7	8	9	10	11	12	13
	Monday Mix 1:30pm-3:00pm, St Mary's Catholic Church Hall, Flint.	Musical Memories 2:00pm-4:00pm, Douglas Place, Saltney (Please phone to check this is running)		Sunshine Community Café 9:00am-12:00pm, Leeswood.			
11	14	15	16	17	18	19	20
	Holywell Memory Café 1:00pm-3:00pm, Mill on the Hill, Greenfield (Please call Sue for up to date information)			Sunshine Community Café 9:00am-12:00pm, Leeswood. Singing for the Brain 10:30am-12pm, Mold			
12	21	22	23	24	25	26	27
				Sunshine Community Café 9:00am-12:00pm, Leeswood.	Fig Tree Café 1:00pm-3:00pm, St. Bartholomew's Church, Sealand. Holywell Memory Café 1:00pm-3:00pm, Boot & Ship, Bagillt.		
13	28	29	30	31	1	2	3
				Sunshine Community Café 9:00am-12:00pm, Leeswood. Penyffordd Memory Cafe, (time tbc).			

April 2022

Wk	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
13	28	29	30	31	1	2	3
14	4	5	6	7	8	9	10
	Monday Mix 1:30pm-3:00pm, St Mary's Catholic Church Hall, Flint.			Sunshine Community Café 9:00am-12:00pm, Leeswood.			
15	11	12	13	14	15	16	17
	Holywell Memory Café 1:00pm-3:00pm, Mill on the Hill, Greenfield (Please call Sue for up to date information)	Musical Memories 2:00pm-4:00pm, Douglas Place, Saltney (Please phone to check this is running)		Sunshine Community Café 9:00am-12:00pm, Leeswood.	Good Friday		
16	18	19	20	21	22	23	24
	Easter Monday			Sunshine Community Café 9:00am-12:00pm, Leeswood. Singing for the Brain 10:30am-12pm, Mold	Fig Tree Café 1:00pm-3:00pm, St. Bartholomew's Church, Sealand.		
17	25	26	27	28	29	30	1
				Sunshine Community Café 9:00am-12:00pm, Leeswood. Penyffordd Memory Cafe, (time tbc).	Holywell Memory Café 1:00pm-3:00pm, Boot & Ship, Bagillt.		

May 2022

Wk	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
17	25	26	27	28	29	30	1
18	2 Early May Bank Holiday Monday Mix 1:30pm-3:00pm, St Mary's Catholic Church Hall, Flint (please phone to check)	3	4	5 Sunshine Community Café 9:00am-12:00pm, Leeswood.	6	7	8
	9 Holywell Memory Café 1:00pm-3:00pm, Mill on the Hill, Greenfield (Please call Sue for up to date information)	10 Musical Memories 2:00pm-4:00pm, Douglas Place, Saltney (Please phone to check this is running)	11	12 Sunshine Community Café 9:00am-12:00pm, Leeswood.	13	14	15
19	16	17	18	19 Sunshine Community Café 9:00am-12:00pm, Leeswood. Singing for the Brain 10:30am-12pm, Mold	20	21	22
	23	24	25	26 Sunshine Community Café 9:00am-12:00pm, Leeswood. Penyffordd Memory Cafe, (time tbc).	27 Fig Tree Café 1:00pm-3:00pm, St. Bartholomew's Church, Sealand. Holywell Memory Café 1:00pm-3:00pm, Boot & Ship, Bagillt.	28	29
20	30	31	1	2 Spring Bank Holiday	3 Platinum Jubilee	4	5

June 2022

Wk	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
22	30	31	1	2	3	4	5
				Spring Bank Holiday Sunshine Community Café 9:00am-12:00pm, Leeswood?	Platinum Jubilee		
23	6	7	8	9	10	11	12
	Monday Mix 1:30pm-3:00pm, St Mary's Catholic Church Hall, Flint.			Sunshine Community Café 9:00am-12:00pm, Leeswood.			
24	13	14	15	16	17	18	19
	Holywell Memory Café 1:00pm-3:00pm, Mill on the Hill, Greenfield (Please call Sue for up to date information)	Musical Memories 2:00pm-4:00pm, Douglas Place, Saltney (Please phone to check this is running)		Sunshine Community Café 9:00am-12:00pm, Leeswood.			
25	20	21	22	23	24	25	26
				Sunshine Community Café 9:00am-12:00pm, Leeswood. Singing for the Brain 10:30am-12pm, Mold	Fig Tree Café 1:00pm-3:00pm, St. Bartholomew's Church, Sealand. Holywell Memory Café 1:00pm-3:00pm, Boot & Ship, Bagillt.		
26	27	28	29	30	1	2	3
				Sunshine Community Café 9:00am-12:00pm, Leeswood. Penyffordd Memory Cafe , (time tbc).			

July 2022

Wk	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
26	27	28	29	30	1	2	3
27	4	5	6	7	8	9	10
	Monday Mix 1:30pm-3:00pm, St Mary's Catholic Church Hall, Flint.			Sunshine Community Café 9:00am-12:00pm, Leeswood			
28	11	12	13	14	15	16	17
	Holywell Memory Café 1:00pm-3:00pm, Mill on the Hill, Greenfield (Please call Sue for up to date information)	Musical Memories 2:00pm-4:00pm, Douglas Place, Saltney (Please phone to check this is running)		Sunshine Community Café 9:00am-12:00pm, Leeswood			
29	18	19	20	21	22	23	24
				Sunshine Community Café 9:00am-12:00pm, Leeswood Singing for the Brain 10:30am-12pm, Mold	Fig Tree Café 1:00pm-3:00pm, St. Bartholomew's Church, Sealand.		
30	25	26	27	28	29	30	31
				Sunshine Community Café 9:00am-12:00pm, Leeswood Penyffordd Memory Cafe, (time tbc).	Holywell Memory Café 1:00pm-3:00pm, Boot & Ship, Bagillt.		

August 2022

Wk	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
	1	2	3	4	5	6	7
31	Monday Mix 1:30pm-3:00pm, St Mary's Catholic Church Hall, Flint.			Sunshine Community Café 9:00am-12:00pm, Leeswood			
	8	9	10	11	12	13	14
32	Holywell Memory Café 1:00pm-3:00pm, Mill on the Hill, Greenfield (Please call Sue for up to date information)	Musical Memories 2:00pm-4:00pm, Douglas Place, Saltney (Please phone to check this is running)		Sunshine Community Café 9:00am-12:00pm, Leeswood			
	15	16	17	18	19	20	21
33				Sunshine Community Café 9:00am-12:00pm, Leeswood Singing for the Brain 10:30am-12pm, Mold			
	22	23	24	25	26	27	28
34				Sunshine Community Café 9:00am-12:00pm, Leeswood Penyffordd Memory Cafe , (time tbc).	Fig Tree Café 1:00pm-3:00pm, St. Bartholomew's Church, Sealand. Holywell Memory Café 1:00pm-3:00pm, Boot & Ship, Bagillt.		
	29	30	31	1	2	3	4
35	August Bank Holiday						

September 2022

Wk	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
35	29	30	31	1	2	3	4
				Sunshine Community Café 9:00am-12:00pm, Leeswood			
36	5	6	7	8	9	10	11
	Monday Mix 1:30pm-3:00pm, St Mary's Catholic Church Hall, Flint.			Sunshine Community Café 9:00am-12:00pm, Leeswood			
37	12	13	14	15	16	17	18
	Holywell Memory Café 1:00pm-3:00pm, Mill on the Hill, Greenfield (Please call Sue for up to date information)	Musical Memories 2:00pm-4:00pm, Douglas Place, Saltney (Please phone to check this is running)		Sunshine Community Café 9:00am-12:00pm, Leeswood Singing for the Brain 10:30am-12pm, Mold			
38	19	20	21	22	23	24	25
				Sunshine Community Café 9:00am-12:00pm, Leeswood	Fig Tree Café 1:00pm-3:00pm, St. Bartholomew's Church, Sealand.		
39	26	27	28	29	30	1	2
				Sunshine Community Café 9:00am-12:00pm, Leeswood Penyffordd Memory Cafe, (time tbc).	Holywell Memory Café 1:00pm-3:00pm, Boot & Ship, Bagillt.		