

Safeguarding for Young People



Youth Service Management Team



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Do you need advice or support?

We're here to listen and create a safe space for you to talk.

You are not alone. You can call the numbers above or talk to the Youth worker at your club / project.

If we're concerned that you or someone else may be at risk of harm, we may need to share that information to help keep everyone safe. We will always discuss this with you first.

Worried about a crime?

If a crime is happening now or someone is in immediate danger, call 999.

If you want to report a crime that has already happened or get advice, call 101.

Who can help?

In an emergency, don't be afraid to dial 999 — help is always available.



Seen something or worried about someone?

You can contact Crimestoppers anonymously for support and to report information.

<https://crimestoppers-uk.org/fearless/more-info/youth-support-services>

Call: 0800 555 111

You don't have to give your name, and your information could help keep others safe.

Are you being hurt or abused?

If you feel unsafe or someone is hurting you, it's important to talk to someone who can help.

You can contact Flintshire Social Services during the day 01352 701000 and any other time on 0345 053 3116.

Or you can contact Childline — a free, 24-hour service for children and young people:

Call: 0800 1111

www.childline.org.uk

You don't have to deal with this on your own — there are people who will listen and help keep you safe.



Mental health and wellbeing support

If you or someone you know is struggling with their mental health, support is available:

NHS 111- Free 24/7 mental health support.

C.A.L.L - Helpline 0800 132 737. Confidential support if you are worried about your mental health.

NSPCC - 0808 800 5000 Email- help@NSPCC.org.uk

Shout -Text: MRF to 85258. A free, confidential 24/7 text service for anyone, of any age.