

THEME: Recycling & Food Waste

BACKGROUND

The children learned about the 3 R's- Reduce, Reuse, Recycle- and how these actions positively impact the climate. Pupils explored the concept of reducing waste, which involves using fewer resources, cutting down on unnecessary consumption, and thinking about the long-term effects of their choices. The children were given clean recyclables like boxes, bottles, and jars, and tasked with reusing these materials to create something new. Anything left over was then sorted into the correct recycling bins.

The children explored Food Waste Minimisation: *how food waste plays a part in climate change, examples of 'inedible food waste' (food that can't be eaten) and how inedible food waste is used to generate renewable energy*

LINKS & RESOURCES

Your child learned how small, everyday actions can help protect the planet and how everyone in the family can contribute to reducing waste, recycling, and understanding the impact of improper waste disposal on the local environment. Here's a simple task to reinforce these ideas:

Review your household's recycling in the kitchen, bathroom, and living areas. Look for recyclable packaging and check for recycling symbols. If unsure, research together using this helpful guide:

<https://www.flintshire.gov.uk/en/Resident/Bins-Recycling-and-Waste/What-to-put-in-your-bin.aspx>

Encourage your child to think creatively about reusing items- can an old container be reused, or scraps of paper turned into art? Small changes add up and help reduce waste. Do a fun family 'waste audit'. Look at what you're throwing away and identify recyclable items that got missed. Can a broken item be fixed? Discuss ways to reduce waste moving forward.

Say "No to the bin, yes to reuse!" Find out where to donate unwanted items: <https://www.flintshire.gov.uk/en/Resident/Bins-Recycling-and-Waste/No-to-the-bin-yes-to-reuse.aspx>

Your child will be sharing these findings with their class, discussing how they can reduce waste and increase recycling both at home and at school. They will also be reflecting on how to improve recycling efforts in the classroom, such as by examining waste generated during lunch or other activities.

Have a family discussion about reducing packaging waste or switching to reusable options. Explain how even a small piece of litter by the drain can eventually end up in the sea, affecting not just the environment but also the places we enjoy, like the beach or local waterways.

Let your kids have a go at litter picking! They'll love it, and it's a great way for them to actively help clean up their local community. Adults can join in too- it's a fun, family-friendly activity.

You can use Keep Wales Tidy's litter picking hubs, and find your nearest one here: <https://keepwalestidy.cymru/caru-cymru/litter-picking-hubs/>

Alternatively, you can request litter picking equipment by emailing keepflintshiretidy@flintshire.gov.uk

If you enjoy it, you can also become a Litter Picking Champion with Keep Wales Tidy by visiting <https://keepwalestidy.cymru/caru-cymru/litter-champions/> or join one of the local litter-picking groups on Facebook to stay involved:

Flintshire Litter Pickers <https://www.facebook.com/groups/482410796461661/>

Flint Litter Pickers <https://www.facebook.com/groups/flintlitterpickers>

Litter Picking for Deeside <https://www.facebook.com/groups/229609572164437/>

Food Waste

Food Waste Recycling

In Flintshire we are committed to promoting sustainable waste management practices, and an essential part of this is the collection and recycling of food waste.

[This page](#) provides valuable information for Flintshire residents to be able to participate in the food waste collection service, to know what can and cannot be included, and the benefits it brings to our environment and community.

Love Food Hate Waste

If you want to reduce food waste, and need more information and tips on how to save food, save money and save our planet, please see [Love Food Hate Waste](#).

Food for thought – Alternative options

If you have left over food not suitable to donate to food banks, please consider composting it for use in your garden as a soil conditioner. For a simple 'how to' please see our informative guide: [Easy Guide to Home Composting](#).